Nurture Plan ILH

Table of Cover effective from 1st July 2026

You must read this table of cover along with the Tailored Health Plans membership handbook effective from July 2026, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List B which you can find on irishlife.ie/health-insurance/hospital-lists/

In Patient Benefits	
Hospital cover	
Consultants fees (In selected hospitals only)	Covered
Inpatient scans (In selected hospitals only)	Covered
Public Hospital (In selected hospitals only)	
Semi-private room	Covered
Private room	Semi-Private Rate
Day case	Covered
Private Hospital (In selected hospitals only)	
Semi-private room	Covered subject to €300 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures[1]
Private room	Semi-Private Rate subject to €300 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures[1]
Day case	Covered subject to €75 excess per claim
High-tech Hospital (In selected hospitals only)	
Semi-private room	Covered (Beacon Only) subject to €300 excess (first two claims per policy)
Private room	Semi-Private Rate (Beacon only) subject to €300 excess (first two claims per policy)
Day case	Covered subject to €75 excess per claim
Listed cardiac procedures[1]	Not covered on this plan
Listed special procedures[1]	Covered (Beacon only) subject to €100 excess (first two claims per policy); Mater Private 90% cover, all subject to €2,000 co-payment on certain orthopaedic procedures.[1]
Maternity	
Public hospital cover for maternity	3 nights accommodation in a private room
Inpatient maternity consultant fees	As per schedule of benefits for professional fees[2]
Emergency Inpatient Treatment Abroad and related benefits	
Hospital bill for inpatient treatment	Covered up to €100,000
Out-patient A&E abroad	50% up to €1,000
Additional costs arising from in-patient claim	€1,500
Additional costs arising from out-patient claim	€500
Repatriation expenses	Covered up to €1 million
Companion expenses (to remain with you or travel to you from Ireland or escort you)	€1,000
24 hour telephone assistance	Covered
Elective Overseas Referral	
Elective Procedure abroad - for procedures that are not available in Ireland	Covered up to the amount for the most similar procedure to treat the same condition in Ireland to a maximum of €125,000

Elective Procedure abroad - for procedures that are available in Ireland	Covered up to the level of cover available in Ireland to a maximum of €125,000
Psychiatric Treatment	
Not related to substance abuse	120 days (up to the level of Hospital Cover provided under your plan for your listed hospitals)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other Benefits	
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to Membership Handbook)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender Affirmation Benefit	Covered up to €100,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Parent accompanying child (no minimum stay)	€25 x 2 days
Medicall ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Irish Life Health ExpressCare Clinic Cover	70% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
HPV Vaccine	50% up to €200 per policy year
Convalescence benefits	€26 x 14 days
Public A&E Cover	€60 x 3 visits
Flu Vaccine	Covered up to €25 per policy year
Essential Health Check	Covered with our preferred provider, twice per policy year subject to a €50 co-payment
Child nutritionist	€25 x 2 visits
First aid course for mums and dads	10% point of sale discount plus €90 contribution with our provider partner
Child speech and language therapist	€25 x 2 visits
Adult Athletics Ireland membership	€30 contribution
Child sports club membership	€30 per child per policy year
Child orthodontics	€100 cash benefit
Health screening & allergy testing	Up to €50 per policy year
Parenting course	€50 contribution to 1 course
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees (non-maternity)	€60 per visit
GP Visits	€20 per visit
Public A&E cover	€60 per visit
Medical and surgical appliances	As per specified list[3]
Manual Lymph Drainage	Up to €300
Emergency Dental Care	Covered up to €350
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250

CT Scan: non approved centre	Covered up to €250
PET-CT Scan: non approved centre	Covered up to €250

Personalised Packages
Choice of 1 Personalised Package from range of 2

MEMBER BENEFITS	
International Second Opinion Service	Back up
Laser Eye Surgery	Health Screening
These benefits may change from time to time so for full details on all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie	

Footnotes
(1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
(2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
(3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.