MyPlan 350 Day to Day

Table of Cover effective from 31st October2026

You must read this table of cover along with the Tailored Health Plans membership handbook effective from October2026, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List A which you can find on irishlife.ie/health-insurance/hospital-lists/

IN PATIENT BENEFITS	
Hospital cover	
Consultants fees	Covered
Inpatient scans	Covered
Public Hospital	
Semi-private room	Covered
Private room	Covered
Day case	Covered
Private Hospital	
Semi-private room	Covered subject to €350 excess per claim and €2,500 co-payment on certain cardiac & orthopaedic procedures[1]
Private room	Semi-Private Rate subject to €350 excess per claim and €2,500 co-payment on certain cardiac & orthopaedic procedures[1]
Day case	Covered subject to €125 excess per claim and €2,500 co-payment on certain cardiac procedures[1]
High-tech Hospital	
Semi-private room	Covered in Beacon only; subject to €350 excess per claim and €2,500 co-payment on certain cardiac & orthopaedic procedures[1]
Private room	Semi-private rate (Beacon only); subject to €350 excess per claim and €2,500 co-payment on certain cardiac & orthopaedic procedures[1]
Day case	Covered in Beacon only; subject to €125 excess per claim
Listed cardiac procedures[1]	Covered in Beacon only; subject to €350 excess per claim; subject to €2,500 co-payment on certain cardiac procedures[1]
Listed special procedures[1]	Covered in Beacon only; subject to €350 excess per claim; subject to €2,500 co-payment on certain orthopaedic procedures[1]
Maternity	
Public hospital cover for maternity	3 nights accommodation
Inpatient maternity consultant fees	As per schedule of benefits for professional fees[2]
Emergency Inpatient Treatment Abroad and related benefits	
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
24 hour telephone assistance	Covered

Psychiatric treatment	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other inpatient benefits	
Medicall Ambulance costs	Covered (refer to Membership Handbook)
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)

OUTPATIENT BENEFITS – not subject to excess	
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Nurse on call	Covered
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Pelvic Health Physiotherapy	Covered up to €150 for initial consultation, once per policy year
Convalescence benefits	€30 x 16 days
Irish Life Health ExpressCare Clinic Cover with Excess	Covered subject to €50 excess per claim
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
Essential Health Check	Covered with our preferred provider, twice per policy year subject to a €50 co-payment
Specialist Weight Loss Support	Full cover for initial GP assessment and 50% cover x 6 follow-on GP check-ins with our preferred provider
Out-patient scan cover (in approved centres)	
MRI	Covered
CT	Covered
PET-CT	Covered

OUTPATIENT BENEFITS – subject to excess	
Individual excess	€100
Maximum amount of outpatient benefits per member per policy year	€900
Public A & E cover	€60 x 3 visits
Medical and surgical appliances	As per specified list[3]
Emergency dental care	€250
Manual lymph drainage	€50 x 5 visits
Home Recovery Benefit	€80 x 10 days
Psycho-oncology counselling	€40 x 5 visits
Consultant fees	€60 per visit
Pathology: Cost of test	€20 per test
Pathology: Consultant fees	€25 per consultant fee
Radiology: Cost of test	€20 per test
Radiology: Consultant fees	€25 per consultant fee

DAY TO DAY BENEFITS	
Individual Day-to-day excess	€10
Day to day Practitioners	
GP Visits	€25 x 5 visits
Dentist Visits (Routine Treatment)	€25 x 2 visits
Dentist Visits (Non Routine Treatment)	€25 x 3 visits
Physiotherapist or Physical therapist	€25 x 5 visits
Optical - Eye Test	€25 x 1 visit
Optical - Glasses / Contact Lenses	€25 contribution
Allied Health Professionals and Alternative Practitioners	
Acupuncturist	€25 x 5 combined visits[4]
Chiropodist	€25 x 5 combined visits[4]
Chiropractor	€25 x 5 combined visits[4]
Dietician	€25 x 5 combined visits[4]

Massage therapist	€25 x 5 combined visits[4]
Medical herbalist	€25 x 5 combined visits[4]
Occupational therapist	€25 x 5 combined visits[4]
Osteopath	€25 x 5 combined visits[4]
Podiatrist	€25 x 5 combined visits[4]
Reflexologist	€25 x 5 combined visits[4]
There may be instances where Out-patient Benefits and Day-to-day Benefits apply to the same medical expenses. In this instance when claiming online, please check your Table of Cover to choose the section you wish to claim under.	

Personalised Packages
Choice of 1 Personalised Packages from range of 5

MEMBER BENEFITS	
International Second Opinion Service	**Back Up**
Laser Eye Surgery	**Health Screening**
These benefits may change from time to time, for full details on all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie	

Footnotes

(1) All procedure lists are available on **www.irishlifehealth.ie** or available on request by calling Irish Life Health on 01 562 5100.

(2) The schedule of benefits is available on **www.irishlifehealth.ie** or available on request by calling Irish Life Health on 01 562 5100.

(3) The medical and surgical appliances list is available on **www.irishlifehealth.ie** or available on request by calling Irish Life Health on 01 562 5100.

(4) The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.