

Better Select ILH

Table of Cover effective from 1st April 2026

You should read this table of cover along with the Tailored Health Plans membership handbook effective from April 2026, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List A in Part 12 of your Tailored Health Plans membership handbook.

In Patient Benefits	
Hospital cover	
Consultants fees	Covered
Inpatient scans	Covered
Public Hospital	
Semi-private room	Covered
Private room	Covered
Day case	Covered
Private Hospital	
Semi-private room	Covered subject to €75 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures ¹
Private room	Covered subject to €100 nightly excess subject to €2,000 co-payment on certain orthopaedic procedures ¹
Day case	Covered subject to €75 excess per claim
High-tech Hospital	
Semi-private room	Covered (Beacon Only) subject to €75 excess per claim. Mater Private and Blackrock Clinic 50% cover.
Private room	Covered (Beacon only) subject to €100 nightly excess. Mater Private and Blackrock Clinic 50% of Semi-Private Rate.
Day case	Covered subject to €75 excess per claim.
Listed cardiac procedures ¹	Covered
Listed special procedures ¹	Covered (Beacon Only) subject to €75 excess per claim. Mater Private and Blackrock Clinic 90% cover subject to €150 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures ¹
Maternity	
Public hospital cover for maternity	3 nights' accommodation in a private room
Inpatient maternity consultant fees	As per schedule of benefits for professional fees ²
Home birth	Covered up to €4,000
Emergency Inpatient Treatment Abroad and related benefits	
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Yes
Elective overseas referral	
Elective Procedure abroad - for procedures that are not available in Ireland	Covered up to the amount for the most similar procedure to treat the same condition in Ireland to a maximum of €125,000
Elective Procedure abroad - for procedures that are available in Ireland	Covered up to the level of cover available in Ireland to a maximum of €125,000
Psychiatric Treatment	

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other Benefits	
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
EXOGEN therapy	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender Affirmation Benefit	75% up to €100,000 per lifetime
Gender Affirmation Support Benefit	Covered up to €5,000 per lifetime
Hormone Replacement Therapy for Gender Dysphoria	50% up to €500 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Mental Health Guide	Covered (refer to Membership Handbook)
Medical ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Female Pelvic Health Physiotherapy	Covered up to €150 for initial consultation, once per policy year
Psychotherapy and counselling benefit (including practitioners at the Dean Clinic)	50% up to 12 visits capped at €1,000 per policy year
Child Development Benefit	75% up to €2,500 for a developmental/ neurodevelopmental assessment
Adult Neurodiversity Benefit	75% up to €2,500 for a neurodiversity assessment
Convalescence benefits	€26 x 14 days
Essential Health Check	Covered with our preferred provider, twice per policy year subject to a €50 co-payment
Irish Life Health ExpressCare Clinic Cover	Covered up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	Covered up to €200 per visit
Medical and surgical appliances	As per specified list ³
Menopause Benefit	Covered up to €250 per visit
HPV Vaccine	50% up to €200 per policy year
Mammogram	Covered
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Dean Clinic Mental Health Services	€60 x 10 visits
Manual Lymph Drainage	Up to €300
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250
PET-CT scan: non approved centre	Covered up to €250

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€1
Day-to-day practitioners	
GP visits	75% up to €45 per visit
Nurse visits	€20 x 10 visits
Dental & Optical	€25 x 10 visits
Physiotherapist or Physical therapist	€40 per visit
Allied Health Professionals and Alternative Practitioners	
Podiatrist	€25 x 5 combined visits ⁴
Nutritionist	€25 x 5 combined visits ⁴
Dietician	€25 x 5 combined visits ⁴
Speech therapist	€25 x 5 combined visits ⁴
Chiropodist	€25 x 5 combined visits ⁴
Occupational therapist	€25 x 5 combined visits ⁴
Orthoptist	€25 x 5 combined visits ⁴
Other Day-to-day Benefits	
Emergency dental care	€350
Wheelchair	50% up to €2000
Pre/Post natal medical expenses	Covered up to €600
Optical (eye test and/or glasses/lenses combined)	Up to €100 per policy year
Reflexologist	€25 x 5 visits
Massage Therapist	€25 x 5 visits
Acupuncturist	€25 x 5 visits
Osteopath	€25 x 5 visits
Chiropractor	€25 x 5 visits
Reiki practitioner	€25 x 5 visits
Homeopath	€25 x 5 visits
Consultant fees (non-maternity)	75% of each visit
Public A&E Cover	50% up to €50 per visit
Health screening & allergy testing	Up to €400 per policy year
Bowel screen – FIT	€15 contribution
Smear Testing	€40 contribution
Prostate Check / Screen	€40 contribution
Testicular Check / Screen	€40 contribution
Psychologist	Covered up to 80% per visit
Flu vaccine (pharmacy only)	Up to €40 contribution per policy year
Vaccinations: Travel Only	€50 contribution per policy year
Personal trainer	€25 x 4 sessions
There may be instances where Out-patient Benefits and Day-to-day Benefits apply to the same medical expenses. In this instance when claiming online, please check your Table of Cover to choose the section you wish to claim under.	

Extra Dimensions

Choice of 2 Extra Dimensions from range of 8

MEMBER BENEFITS**Allen Carr Smoking Cessation****Back up****International Second Opinion Service****Health Screening**

These benefits may change from time to time, for full details on all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie

Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (4) The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.