Best Ultimate Active ILH

Table of Cover effective from 31st October 2026

You must read this table of cover along with the Tailored Health Plans membership handbook effective from October 2026, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List A which you can find on irishlife.ie/health-insurance/hospital-lists/

In Patient Benefits	
Hospital cover	
Consultants fees	Covered
Inpatient scans	Covered
Public Hospital	
Semi-private room	Covered
Private room	Covered
Day case	Covered
Private Hospital	
Semi-private room	Covered subject to €2,000 co-payment on certain orthopaedic procedures[1]
Private room	Covered subject to €50 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures[1]
Day case	Covered
High-tech Hospital	
Semi-private room	Covered (Beacon Only). Mater Private and Blackrock Clinic 50% cover.
Private room	Covered (Beacon only) subject to €50 excess per claim. Mater Private and Blackrock Clinic 50% of Semi-Private Rate.
Day case	Covered
Listed cardiac procedures[1]	Covered
Listed special procedures[1]	Covered (Beacon Only). Mater Private and Blackrock Clinic subject to €50 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures[1]
Maternity	
Public hospital cover for maternity	3 nights accommodation in a private room
Inpatient maternity consultant fees	As per schedule of benefits for professional fees[2]
Emergency Inpatient Treatment Abroad and related benefits	
Hospital bill for inpatient treatment	Covered up to €100,000
Companion expenses (to remain with you or travel to you from Ireland or escort you)	€1,000
Repatriation expenses	Covered up to €1 million
Nurse 24/7 International	Covered
Psychiatric Treatment	
Not related to substance abuse	120 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other Benefits	
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)

Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender Affirmation Benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medicall ambulance costs	Covered (refer to Membership Handbook)
Companion Expenses	€30 x 2 days
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Fertility benefit	50% cover up to a max of €1,000 for IVF, IUI, ICSI. Twice per lifetime.
Irish Life Health ExpressCare Clinic Cover	75% up to €500 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €500 per visit
Convalescence benefits	€26 x 14 days
HPV Vaccine	50% up to €200 per policy year
Specialist Weight Loss Support	Full cover for initial GP assessment and 50% cover x 6 follow-on GP check-ins with our preferred provider
Essential Health Check	Covered with our preferred provider, twice per policy year subject to a €50 co-payment
Consultant fees (which leads to an elective procedure)	€100 per policy year
Psychotherapy and counselling benefit (including practitioners at the Dean Clinic)	50% up to 12 visits capped at €1,000 per policy year
Egg freezing	50% cover up to a max of €1,000 once per lifetime
Sperm freezing	50% cover up to a max of €125 once per lifetime
Flu vaccine	Covered up to €25 per policy year
Child sports club membership	€30 per child per policy year
Cardiac Screening	€50 contribution
Child Safety Benefit	€100 contribution
Mindfulness course	€50 contribution
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€5000
Medical and surgical appliances	As per specified list[3]
Manual Lymph Drainage	Up to €250
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250

PET-CT scan: non approved centre	Covered up to €250

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€10
Day to day practitioners	
GP visits	75% up to €60 per visit
Dentist visits	75% up to €300 per policy year
Physiotherapist or Physical therapist	75% x 29 visits
Allied Health Professionals and Alternative Practitioners	
Podiatrist	50% up to €35 x 13 combined visits4
Reflexologist	50% up to €35 x 13 combined visits4
Nutritionist	50% up to €35 x 13 combined visits4
Dietician	50% up to €35 x 13 combined visits4
Massage Therapist	50% up to €35 x 13 combined visits4
Acupuncturist	50% up to €35 x 13 combined visits4
Osteopath	50% up to €35 x 13 combined visits4
Chiropractor	50% up to €35 x 13 combined visits4
Reiki practitioner	50% up to €35 x 13 combined visits4
Chiropodist	50% up to €35 x 13 combined visits4
Speech therapist	50% up to €35 x 13 combined visits4
Occupational therapist	50% up to €35 x 13 combined visits4
Orthoptist	50% up to €35 x 13 combined visits4
Homeopath	50% up to €35 x 13 combined visits4
Other Day-to-day Benefits	
Optical (eye test and/or glasses/lenses combined)	75% up to €150 per policy year
Prescriptions	€20 x 6 prescriptions
Psychologist	€25 x 10 visits
Consultant fees (non-maternity)	75% up to €190 per visit
Public A&E Cover	50% up to €50 per visit
Private A&E Cover	€50 x 1 visit
Hearing Test	50% up to €40 per policy year
Health screening & allergy testing	Up to €200 per policy year
TThere may be instances where Out-patient Benefits and Day-to-day Benefits apply to the same medical expenses. In this instance when claiming online, please check your Table of Cover to choose the section you wish to claim under.	

Personalised Packages
Choice of 4 Personalised Packages from range of 8

MEMBER BENEFITS	
International Second Opinion Service	Back up
Laser Eye Surgery	Health Screening

TThese benefits may change from time to time, for full details on all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie

Footnotes

(1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

(2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

(3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

(4) The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.