

day-to-day a

Effective from 1st October 2020

You should read this table of cover along with the Health Plans membership handbook effective from October 2020, which you can find on irishlifehealth.ie/more-info.

Day to Day Benefits

Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
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Day to Day Practitioners (Benefits can be pooled)

GP Visits	€30 x 3 visits
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Dentist Visits	€30 x 3 visits
Physiotherapist or Physical therapist	€30 x 5 visits

Allied Health Professionals and Alternative Practitioners (Benefits can be pooled)

Acupuncturist	€30 x 3 combined visits
Chiropractist	€30 x 3 combined visits
Chiropractor	€30 x 3 combined visits
Dietician	€30 x 3 combined visits
Homeopath	€30 x 3 combined visits
Massage therapist	€30 x 3 combined visits
Medical herbalist	€30 x 3 combined visits
Occupational therapist	€30 x 3 combined visits
Osteopath	€30 x 3 combined visits
Reflexologist	€30 x 3 combined visits

Other Day-to-day Benefits (Benefits can be pooled)

Hearing Test	€30 x 1 visit
Child speech and language therapist	€30 x 3 visits
Child counselling	€30 x 3 visits
Glasses / lenses	€30 once every 2 yrs
Eye Test	€30 x 1 visit
Health Screen	€50 x 1 visit