

Nurture Plus ILH

Table of Cover effective from 1st October 2024

You should read this table of cover along with the Tailored Health Plans membership handbook effective from October 2024, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List B in part 12 of your Tailored Health Plans membership handbook.

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Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland	
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland	
Psychiatri	ic Treatment	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan for your listed hospitals)	
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)	
Other Benefits		
Oncotype DX	Covered	
Health in the Home	Covered with our provider partner	
Care Connect	Covered (refer to Membership Handbook)	
EXOGEN therapy	Covered with our provider partner	
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year	
Gender Affirmation Benefit	50% up to €10,000 per lifetime	
Genetic Testing: Initial consultation	50% cover	
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant	
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face	
Parent accompanying child (no minimum stay)	€25 x 2 days	
Medicall ambulance costs	Covered (refer to Membership Handbook)	
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered	



Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Minor Injury Clinic Cover	70% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
HPV Vaccine	50% up to €200 per policy year
Convalescence benefits	€26 x 14 days
Public A&E cover	€60 x 3 visits
Flu Vaccine	Covered up to €25 per policy year
Child nutritionist	€25 x 2 visits
First aid course for mums and dads	10% point of sale discount plus €90 contribution with our provider partner
Child speech and language therapist	€25 x 2 visits
Adult Athletics Ireland membership	€30 contribution
Child sports club membership	€30 per child per policy year
Child orthodontics	€100 cash benefit
Health screening & allergy testing	Up to €50 per annum
Parenting course	€50 contribution to 1 course
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees (non-maternity)	€60 per visit
GP Visits	€20 per visit
Public A&E cover	€60 per visit
Medical and surgical appliances	As per specified list ³
Manual Lymph Drainage	Up to €300
Emergency Dental Care	Covered up to €350
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250
PET-CT Scan: non approved centre	Covered up to €250



Personalised Packages

Choice of 1 Personalised Package from range of 2

MEMBER BENEFITS	
International Second Opinion Service	Back up
Laser Eye Surgery	Health Screening
Laser Eye Surgery	Ticular corconnig

For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie

Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.