

# Nurture Plus ILH

## Table of Cover effective from 1<sup>st</sup> July 2025

You should read this table of cover along with the Tailored Health Plans membership handbook effective from July 2025, which you can find on [irishlifehealth.ie/more-info](https://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List B in part 12 of your Tailored Health Plans membership handbook.

In Patient Benefits	
Hospital cover	
Consultants fees (In selected hospitals only)	Covered
Inpatient Scans (In selected hospitals only)	Covered
Public Hospital (In selected hospitals only)	
Semi-private room	Covered
Private room	Covered
Day case	Covered
Private Hospital (In selected hospitals only)	
Semi-private room	Covered subject to €125 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>
Private room	Semi-Private Rate subject to €125 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>
Day case	Covered subject to €50 excess per claim
High-tech Hospital (In selected hospitals only)	
Semi-private room	Covered (Beacon Only) subject to €125 excess (first two claims per policy). Mater Private 50% cover.
Private room	Semi-Private Rate (Beacon only) subject to €125 excess (first two claims per policy). Mater Private 50% of Semi-Private Rate.
Day case	Covered (Beacon & Mater Private Only) subject to €50 excess per claim.
Listed cardiac procedures <sup>1</sup>	Beacon and Mater Private 90% cover subject to €125 excess per claim.
Listed special procedures <sup>1</sup>	Covered (Beacon Only) subject to €100 excess (first two claims per policy). Mater Private 90% cover subject to €100 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>
Maternity	
Public hospital cover for maternity	3 nights accommodation in a private room
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Emergency Inpatient Treatment Abroad and related benefits	
Hospital bill for inpatient treatment	Covered up to €100,000
Out-patient A&E abroad	50% up to €1,000
Additional costs arising from in-patient claim	€1,500
Additional costs arising from out-patient claim	€500
Repatriation expenses	Covered up to €1 million
Companion expenses (to remain with you or travel to you from Ireland or escort you)	€1,000
24 hour telephone assistance	Covered
Elective Overseas Referral	

<b>Elective Procedure abroad - for procedures that are not available in Ireland</b>	Covered up to the amount for the most similar procedure to treat the same condition in Ireland to a maximum of €125,000
<b>Elective Procedure abroad - for procedures that are available in Ireland</b>	Covered up to the level of cover available in Ireland to a maximum of €125,000
<b>Psychiatric Treatment</b>	
<b>Not related to substance abuse</b>	100 days (up to the level of Hospital Cover provided under your plan for your listed hospitals)
<b>Related to substance abuse</b>	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
<b>Other Benefits</b>	
<b>Oncotype DX</b>	Covered
<b>Health in the Home</b>	Covered with our provider partner
<b>Care Connect</b>	Covered (refer to Membership Handbook)
<b>EXOGEN therapy</b>	Covered with our provider partner
<b>Cancer Support Benefit (for accommodation expenses when travelling more than 50km)</b>	Up to €100 per day for up to a maximum of €1500 per calendar year
<b>Gender Affirmation Benefit</b>	Covered up to €100,000 per lifetime
<b>Genetic Testing: Initial consultation</b>	50% cover
<b>Genetic Testing: Test for specified genetic mutations</b>	Covered in approved clinics with our approved consultant
<b>Healthy Minds</b>	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
<b>Parent accompanying child (no minimum stay)</b>	€25 x 2 days
<b>Medical ambulance costs</b>	Covered (refer to Membership Handbook)
<b>Genetic Testing for Cancer Treatment Options - Foundation One CDx</b>	Covered

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Minor Injury Clinic Cover	70% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
HPV Vaccine	50% up to €200 per policy year
Convalescence benefits	€26 x 14 days
Public A&E cover	€60 x 3 visits
Flu Vaccine	Covered up to €25 per policy year
Child nutritionist	€25 x 2 visits
First aid course for mums and dads	10% point of sale discount plus €90 contribution with our provider partner
Child speech and language therapist	€25 x 2 visits
Adult Athletics Ireland membership	€30 contribution
Child sports club membership	€30 per child per policy year
Child orthodontics	€100 cash benefit
Health screening & allergy testing	Up to €50 per annum
Parenting course	€50 contribution to 1 course
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees (non-maternity)	€60 per visit
GP Visits	€20 per visit
Public A&E cover	€60 per visit
Medical and surgical appliances	As per specified list <sup>3</sup>
Manual Lymph Drainage	Up to €300
Emergency Dental Care	Covered up to €350
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250
PET-CT Scan: non approved centre	Covered up to €250

### Personalised Packages

Choice of 1 Personalised Package from range of 2

### MEMBER BENEFITS

International Second Opinion Service

Back up

Laser Eye Surgery

Health Screening

For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of [www.irishlifehealth.ie](http://www.irishlifehealth.ie)

### Footnotes

- (1) All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.
- (2) The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.
- (3) The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.