

Health Ultra

Table of Cover effective from 1st April 2025

You should read this table of cover along with the Tailored Health Plans membership handbook effective from April 2025, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List A in Part 12 of your Tailored Health Plans membership handbook.

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Nurse 24/7 International	Covered
Psychiatric	c Treatment
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other Benefits	
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)
EXOGEN therapy	Covered with our provider partner
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender Affirmation Benefit	Covered up to €100,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Mental Health Guide	Covered (refer to Membership Handbook)
Medicall ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered



Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Female Fertility Assessment and Consultation	Covered with our preferred provider, once per policy year subject to a €60 co-payment
Fertility benefit	50% cover up to a max of €750 for IVF, IUI, ICSI. Twice per lifetime.
Minor Injury Clinic Cover	75% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €200 per visit
Convalescence benefits	€26 x 14 days
HPV Vaccine	50% up to €200 per policy year
Psychotherapy and counselling benefit (including practitioners at the Dean Clinic)	50% up to 9 visits capped at €800 per policy year
Egg freezing	50% cover up to a max of €750 once per lifetime
Sperm freezing	50% cover up to a max of €100 once per lifetime
Child Safety Benefit	€100 contribution
Mindfulness course	€50 contribution
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT scan: approved centre	Covered
Outpatient Benefits (subject to excess)	
Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Medical and surgical appliances	As per specified list ³
Manual Lymph Drainage	Up to €300
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250
PET-CT Scan: non approved centre	Covered up to €250

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€10
Day to day practitioners	
GP visits	50% up to €40 per visit
Dentist visits	50% up to €300 per policy year
Physiotherapist or Physical therapist	50% x 29 visits

Irish Life Health dac is regulated by the Central Bank of Ireland

Irish Life

Allied Health Professionals and	d Complementary Practitioners
Podiatrist	50% up to €35 x 13 combined visits4
Reflexologist	50% up to €35 x 13 combined visits4
Nutritionist	50% up to €35 x 13 combined visits4
Dietician	50% up to €35 x 13 combined visits4
Massage Therapist	50% up to €35 x 13 combined visits4
Acupuncturist	50% up to €35 x 13 combined visits4
Osteopath	50% up to €35 x 13 combined visits4
Chiropractor	50% up to €35 x 13 combined visits4
Reiki practitioner	50% up to €35 x 13 combined visits4
Chiropodist	50% up to €35 x 13 combined visits4
Speech therapist	50% up to €35 x 13 combined visits4
Occupational therapist	50% up to €35 x 13 combined visits4
Orthoptist	50% up to €35 x 13 combined visits4
Homeopath	50% up to €35 x 13 combined visits4
Other Day-to-day Benefits	
Optical (eye test and/or glasses/lenses combined)	50% up to €150 per policy year
Psychologist	€25 x 10 visits
Consultant fees (non-maternity)	50% up to €125 per visit
Public A&E Cover	50% up to €50 per visit
Private A&E Cover	€50 x 1 visit
Hearing Test	50% up to €40 per policy year
Health screening & allergy testing	Up to €200 per policy year
Please note that certain eligible benefits can be claimed	either as a day to day benefit or as an outpatient benefit.

The level of benefit payable will be the greater of either day to day or outpatient.

Personalised Packages

Choice of 3 Personalised Packages from range of 8

MEMBER BENEFITS	
International Second Opinion Service	Back up
Laser Eye Surgery	Health Screening
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section	

For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <u>www.irishlifehealth.ie</u>

Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.
- (4) The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit.



Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.