

# Health Plan 38

Effective from 1st April 2024

You should read this table of cover along with the Health Plans membership handbook effective from April 2024, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.



## In-patient Benefits

### H Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

Benefits	Public Hospital	Private Hospital	High-tech Hospital
Semi Private Room	Covered	Covered subject to €75 excess (first two claims per member); subject to €2,500 co-payment on certain orthopaedic procedures, €1,000 co-payment on certain cardiac procedures and €500 co-payment on certain ophthalmic procedures <sup>1</sup>	Covered (Beacon Only) subject to €75 excess (first two claims per member). Mater Private and Blackrock Clinic 60% cover subject to €75 excess per claim.
Private Room	Covered	Covered subject to €150 excess per claim subject to €2,500 co-payment on certain orthopaedic procedures, €1,000 co-payment on certain cardiac procedures and €500 co-payment on certain ophthalmic procedures <sup>1</sup>	Covered (Beacon Only) subject to €150 excess per claim. Mater Private and Blackrock Clinic 50% cover subject to €150 excess per claim.
Day Case	Covered	Covered subject to €75 excess per claim subject to €2,500 co-payment on certain orthopaedic procedures, €1,000 co-payment on certain cardiac procedures and €500 co-payment on certain ophthalmic procedures <sup>1</sup>	Covered subject to €75 excess per claim subject to €2,500 co-payment on certain orthopaedic procedures, €1,000 co-payment on certain cardiac procedures and €500 co-payment on certain ophthalmic procedures <sup>1</sup>
Listed Cardiac Procedures <sup>1</sup>	-	-	Covered subject to €50 excess per claim subject to €1,000 co-payment on certain cardiac procedures <sup>1</sup>
Listed Special Procedures <sup>1</sup>	-	-	Covered subject to €50 excess per claim subject to €2,500 co-payment on certain orthopaedic procedures and €500 co-payment on certain ophthalmic procedures <sup>1</sup>

### Maternity

Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,450
Home birth	Covered up to €3,450
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Postnatal Domestic Support	3 x 3 hour cleaning sessions
Postnatal Doula Support	2 x 3 hour sessions with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supporter

### Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered

Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details

### Elective overseas referral

Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland

### Psychiatric Treatment

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)

### Other Benefits

Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)
EXOGEN therapy	Covered with our provider partner
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Gender Affirmation Benefit	Covered up to €100,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medical ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered

## Out-patient Benefits

### Out-patient Benefits not subject to excess

Nurse on call	Covered
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Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Fertility benefit	50% cover up to a max of €1,000 for IVF, IUI, ICSI. Twice per lifetime
Antenatal Class	€75 towards an antenatal class
Maternity Mental Health Support	€40 x 10 sessions with Nurture
Convalescence benefits	€30 x 14 days
Partner Benefit	€50 x 2 days travel, accommodation & child minding expenses
Breastfeeding Consultancy	€25 x 2 sessions
Minor Injury Clinic Cover	75% up to €400 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €400 per visit
HPV Vaccine	50% up to €200 per policy year
Psychotherapy and counselling benefit (including practitioners at the Dean Clinic)	50% up to 12 visits capped at €1,000 per policy year
Egg freezing	50% cover up to a max of €1,000 once per lifetime
Sperm freezing	50% cover up to a max of €125 once per lifetime
Vaccinations: Travel Only	€50 per year
Health screen at any centre	Covered up to €100 per annum
Vasectomy (GP or Consultant)	Covered up to €360
MRI Scan: approved centre	Covered
AMH fertility test	€50 contribution
CT Scan: approved centre	Covered
Pre/post natal yoga & pilates	€20 x 2 visits
PET-CT Scan: approved centre	Covered
Home Recovery Benefit	€80 x 10 days



## Day to Day Benefits

### Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
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### Day to Day Practitioners

GP Visits	€40 x 12 visits
Dentist Visits	€40 x 12 visits
Physiotherapist or Physical therapist	€40 x 15 visits



### Allied Health Professionals and Alternative Practitioners

Dietician	€40 x 12 combined visits <sup>3</sup>
Chiropodist	€40 x 12 combined visits <sup>3</sup>
Occupational therapist	€40 x 12 combined visits <sup>3</sup>
Medical herbalist	€40 x 12 combined visits <sup>3</sup>
Osteopath	€40 x 12 combined visits <sup>3</sup>
Podiatrist	€40 x 12 combined visits <sup>3</sup>
Chiropractor	€40 x 12 combined visits <sup>3</sup>
Acupuncturist	€40 x 12 combined visits <sup>3</sup>
Massage therapist	€40 x 12 combined visits <sup>3</sup>
Homeopath	€40 x 12 combined visits <sup>3</sup>
Reflexologist	€40 x 12 combined visits <sup>3</sup>

## Other Day-to-day Benefits

Hearing Test	50% up to €25 x 1 visit
Optical (eye test and/or glasses/lenses combined)	50% up to €150 per policy year
Prescriptions	50% up to €25 per annum
Child speech and language therapist	50% up to €30 x 8 visits
Child psychology	50% up to €30 x 8 visits
Psychologist	€25 x 10 visits
Consultant fees	50% up to €70 per visit
Public A&E Cover	€66 x 2 visits
Pre/Post natal medical expenses	50% up to €250
Manual lymph drainage	50% up to €25 x 8 visits
Medical and surgical appliances	As per specified list (subject to €100 excess) <sup>4</sup>
Emergency dental care	Up to €250
Psycho-oncology counselling	50% up to €25 x 8 visits
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>

Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient.

## Members Benefits

Back Up	Health Screening
International Second Opinion Service	Laser Eye Surgery

For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of [www.irishlifehealth.ie](http://www.irishlifehealth.ie)

<sup>1</sup> All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.

<sup>2</sup> The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.

<sup>3</sup> The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.

<sup>4</sup> The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.