

# Health Plan 28

## Effective from 1st January 2021

You should read this table of cover along with the Health Plans membership handbook effective from January 2021, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.



### In-patient Benefits



#### Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

| Benefits                               | Public Hospital | Private Hospital  | High-tech Hospital   |
|--|-----------------|---|--|
| Semi Private Room                      | Covered         | Covered subject to €75 excess (first two claims per member) subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup> | Covered (Beacon Only) subject to €75 excess (first two claims per member). Mater Private and Blackrock Clinic 60% cover subject to €75 excess per claim. |
| Private Room                           | Covered         | Covered subject to €150 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>                    | Covered (Beacon Only) subject to €150 excess per claim. Mater Private and Blackrock Clinic 50% cover subject to €150 excess per claim.                   |
| Day Case                               | Covered         | Covered subject to €75 excess per claim   | Covered subject to €75 excess per claim  |
| Listed Cardiac Procedures <sup>1</sup> | -               | -   | Covered subject to €50 excess per claim  |
| Listed Special Procedures <sup>1</sup> | -               | -   | Covered subject to €50 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>                                      |



#### Maternity

|  |   |
|--|---|
| Public hospital cover for maternity                    | 3 nights accommodation  |
| Grant-in-aid amount                                    | Covered up to €3,450  |
| Home birth   | Covered up to €3,450  |
| Inpatient maternity consultant fees                    | As per schedule of benefits for professional fees <sup>2</sup>          |
| Newborn free till next renewal                         | Yes   |
| Postnatal Domestic Support                             | 3 x 3 hour cleaning sessions  |
| Postnatal Doula Support                                | 2 x 3 hour sessions with postnatal supporter                            |
| Home Early Support following 1 night stay in hospital  | 2 hours midwife and 3 x 4 hours with postnatal supporter                |
| Home Early Support following 2 nights stay in hospital | 1 hour midwife and 3 x 3 hours with postnatal supporter                 |
| Infertility benefit                                    | 50% cover up to a max of €1,000 for IVF, IUI, ICSI. Twice per lifetime. |



#### Emergency Inpatient Treatment Abroad and related benefits

|   |                          |
|---|--------------------------|
| Hospital bill for inpatient treatment       | Covered up to €100,000   |
| Repatriation expenses                       | Covered up to €1 million |
| Expenses for companion who remains with you | Covered up to €1,000     |
| Companion repatriation expenses             | Covered up to €1,000     |
| 24 hour telephone assistance                | Covered                  |

|                           |   |
|---------------------------|---|
| Breastfeeding consultancy | €25 x 2 sessions  |
| Partner benefit           | €50 x 2 days travel, accommodation & child minding expenses |
| Welcome Home Food Hamper  | Hamper and 30 minute phone consultation with a nutritionist |
| GentleBirth App           | See handbook for details                                    |



### Elective overseas referral

|  |   |
|--|---|
| International Second Opinion Service                                     | Covered - refer to your Membership Handbook   |
| Benefit abroad for surgical procedures that are not available in Ireland | Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland |
| Benefit abroad for surgical procedures that are available in Ireland     | Yes - subject to level of cover available in Ireland  |



### Psychiatric Treatment

|                                |  |
|--------------------------------|--|
| Not related to substance abuse | 100 days (up to the level of Hospital Cover provided under your plan)            |
| Related to substance abuse     | 91 days per 5 years (up to the level of Hospital Cover provided under your plan) |



### Other Benefits

|  |  |
|--|--|
| Oncotype DX  | Covered  |
| Health in the Home   | Covered with our provider partner  |
| Convalescence benefits   | €30 x 14 days  |
| Child Home Nursing   | €100 x 14 days (following an inpatient stay of minimum 5 days)   |
| Parent accompanying child  | €40 x 14 days (not payable for the first 3 days)   |
| Cancer Support Benefit (for accommodation expenses when travelling more than 50km) | Up to €100 per day up to a maximum of €1500 per calendar year  |
| Gender reassignment benefit  | 50% up to €10,000 per lifetime   |
| Genetic Testing: Initial consultation  | 50% cover  |
| Genetic Testing: Test for specified genetic mutations                              | Covered in approved clinics with our approved consultant   |
| Healthy Minds  | Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face |
| Medical ambulance costs  | Covered (refer to Membership Handbook)   |
| Home nursing   | €40 x 20 days  |



## Out-patient Benefits

### Out-patient Benefits not subject to excess

|   |   |
|---|---|
| Nurse on call                           | Covered   |
| Digital Doctor                          | Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.          |
| Minor Injury Clinic Cover               | 75% up to €400 per visit  |
| Minor Injury Clinic Cover (Pay & Claim) | 75% up to €400 per visit  |
| Antenatal Class                         | €75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop |
| Maternity Mental Health Support         | €40 x 10 sessions with Nurture  |
| HPV Vaccine                             | 50% up to €200 per policy year  |
| Vaccinations: Travel Only               | €50 per year  |
| Vasectomy (GP or Consultant)            | Covered up to €360  |
| Psychotherapy and counselling benefit   | 50% up to 12 visits capped at €1,000 per policy year  |
| MRI Scan: approved centre               | Covered   |

|                               |   |
|-------------------------------|---|
| Egg freezing                  | 50% cover up to a max of €1,000 once per lifetime |
| Sperm freezing                | 50% cover up to a max of €125 once per lifetime   |
| CT Scan: approved centre      | Covered   |
| PET-CT Scan: approved centre  | Covered   |
| Health screen at any centre   | Covered up to €100 per annum                      |
| AMH fertility test            | €50 contribution                                  |
| Pre/post natal yoga & pilates | €20 x 2 visits                                    |



## Day to Day Benefits

### Day to Day Benefits subject to excess

|                              |    |
|------------------------------|----|
| Individual Day-to-day excess | €1 |
|------------------------------|----|



### Day to Day Practitioners

|                                       |                 |
|---------------------------------------|-----------------|
| GP Visits                             | €40 x 12 visits |
| Dentist Visits                        | €40 x 12 visits |
| Physiotherapist or Physical therapist | €40 x 15 visits |



### Allied Health Professionals and Alternative Practitioners

|                        |                                       |
|------------------------|---------------------------------------|
| Dietician              | €40 x 12 combined visits <sup>3</sup> |
| Chiroprapist           | €40 x 12 combined visits <sup>3</sup> |
| Occupational therapist | €40 x 12 combined visits <sup>3</sup> |
| Medical herbalist      | €40 x 12 combined visits <sup>3</sup> |
| Osteopath              | €40 x 12 combined visits <sup>3</sup> |
| Podiatrist             | €40 x 12 combined visits <sup>3</sup> |
| Chiropractor           | €40 x 12 combined visits <sup>3</sup> |
| Acupuncturist          | €40 x 12 combined visits <sup>3</sup> |
| Massage therapist      | €40 x 12 combined visits <sup>3</sup> |
| Homeopath              | €40 x 12 combined visits <sup>3</sup> |
| Reflexologist          | €40 x 12 combined visits <sup>3</sup> |



### Other Day-to-day Benefits

|   |  |
|---|--|
| Hearing Test                                      | 50% up to €25 x 1 visit  |
| Optical (eye test and/or glasses/lenses combined) | 50% up to €150 per policy year                                     |
| Prescriptions                                     | 50% up to €25 per annum  |
| Child speech and language therapist               | 50% up to €30 x 8 visits   |
| Child psychology                                  | 50% up to €30 x 8 visits   |
| Clinical Psychologist                             | €25 x 10 visits  |
| Consultant fees                                   | 50% up to €70 per visit  |
| Public A&E Cover                                  | €66 x 2 visits   |
| Pre/Post natal medical expenses                   | 50% up to €250   |
| Medical and surgical appliances                   | As per specified list (subject to €200 excess) <sup>4</sup>        |
| Manual lymph drainage                             | 50% up to €25 x 8 visits   |
| Emergency dental care                             | Up to €250   |
| Psycho-oncology counselling                       | 50% up to €25 x 8 visits   |
| Pathology: Consultant fees                        | 50% as per schedule of benefits for professional fees <sup>2</sup> |
| Pathology: Cost of test                           | 50% Cover  |

|  |  |
|--|--|
| Radiology: Cost of test  | 50% Cover  |
| Radiology: Consultant fees   | 50% as per schedule of benefits for professional fees <sup>2</sup> |
| Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient. |  |

## Members Benefits

|   |                                      |
|---|--------------------------------------|
| Back Up   | International Second Opinion Service |
| Laser Eye Surgery   | Maternity Scans                      |
| Smiles Dental Access Package  |                                      |
| For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a> |                                      |

<sup>1</sup> All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>2</sup> The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>3</sup> The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.

<sup>4</sup> The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.