

# Health Plan 18

## Effective from 1st November 2022

You should read this table of cover along with the Health Plans membership handbook effective from November 2022, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

### In-patient Benefits

#### Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

Benefits	Public Hospital	Private Hospital	High-tech Hospital
Semi Private Room	Covered	Covered subject to €150 excess (first two claims per member) subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>	Covered (Beacon Only) subject to €150 excess (first two claims per member). Mater Private and Blackrock Clinic 60% cover.
Private Room	Semi-Private Rate	Semi-Private Rate subject to €150 excess (first two claims per member) subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>	Semi-Private Rate (Beacon only) subject to €150 excess (first two claims per member). Mater Private and Blackrock Clinic 50% cover.
Day Case	Covered	Covered subject to €50 excess per claim	Covered subject to €150 excess per claim subject to €2,000 co-payment on cardiac procedures and special procedures <sup>1</sup>
Listed Cardiac Procedures <sup>1</sup>	-	-	Covered subject to €150 excess per claim subject to €2,000 co-payment on cardiac procedures <sup>1</sup>
Listed Special Procedures <sup>1</sup>	-	-	Covered subject to €150 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>

#### Maternity

Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,450
Home birth	Covered up to €3,450
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Newborn free till next renewal	Yes
Postnatal Domestic Support	3 x 3 hour cleaning sessions
Postnatal Doula Support	2 x 3 hour sessions with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter

#### Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered

Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details



### Elective overseas referral

Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland



### Psychiatric Treatment

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)



### Other Benefits

Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)
EXOGEN therapy	Covered with our provider partner
Convalescence benefits	€50 x 14 days
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Medical ambulance costs	Covered (refer to Membership Handbook)
Gender Affirmation Benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered



## Out-patient Benefits

### Out-patient Benefits not subject to excess

Nurse on call	Covered
Minor Injury Clinic Cover	75% up to €400 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €400 per visit
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Antenatal Class	€75 towards an antenatal class
PET-CT Scan: approved centre	Covered
Maternity Mental Health Support	€40 x 10 sessions with Nurture
Home Recovery Benefit	€80 x 10 days
HPV Vaccine	50% up to €200 per policy year
Vaccinations: Travel Only	€100 per year
Health screen at any centre	Covered up to €100 per annum

## Out-patient Benefits subject to excess

Outpatient excess per person	€1
Maximum amount of outpatient benefits per member per policy year	€4000
Manual Lymph Drainage	€40 x 5 visits
Medical and surgical appliances	As per specified list (subject to €100 excess) <sup>3</sup>
Psycho-oncology Counselling	€40 x 5 visits
Emergency Dental Care	€250
Physiotherapist or Physical therapist	€20 x 9 visits
Consultant fees	€50 per visit
Pre/Post natal medical expenses	€250
Public A&E Cover	€50 x 2 visits
GP Visits	€20 x 7 visits
Dentist Visits	€20 x 7 visits
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>
Acupuncturist	€20 x 7 combined visits <sup>4</sup>
Chiropracist	€20 x 7 combined visits <sup>4</sup>
Chiropractor	€20 x 7 combined visits <sup>4</sup>
Dietician	€20 x 7 combined visits <sup>4</sup>
Homeopath	€20 x 7 combined visits <sup>4</sup>
Massage Therapist	€20 x 7 combined visits <sup>4</sup>
Medical Herbalist	€20 x 7 combined visits <sup>4</sup>
Occupational therapist	€20 x 7 combined visits <sup>4</sup>
Osteopath	€20 x 7 combined visits <sup>4</sup>
Podiatrist	€20 x 7 combined visits <sup>4</sup>
Reflexologist	€20 x 7 combined visits <sup>4</sup>
VO2 Max Testing	€100 cash benefit
Cardiac Screening	€100 cash benefit
Sexual Health Screening	€100 cash benefit



## Members Benefits

Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

<sup>1</sup> All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.

<sup>2</sup> The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.

<sup>3</sup> The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.

<sup>4</sup> The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.