

Health Plan 09

Table of Cover effective from January 1st 2019

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from January 2019. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

| In Patient Benefits | |
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| Hospital Cover | |
| Consultant fees | Covered |
| Inpatient Scans | Covered |
| Public Hospital | |
| Semi Private Room | Covered |
| Private Room | Covered |
| Day Case | Covered |
| Private Hospital | |
| Semi Private Room | Covered |
| Private Room | Covered |
| Day Case | Covered |
| High Tech Hospital | |
| Semi Private Room | Covered |
| Private Room | Covered (Beacon Only). Mater Private and Blackrock Clinic covered at Semi-Private Rate. |
| Day Case | Covered |
| Listed Cardiac Procedures ⁽¹⁾ | Semi-Private Rate |
| Listed Special Procedures ⁽¹⁾ | Semi-Private Rate |
| Maternity Benefits | |
| Public hospital cover for maternity | 3 nights accommodation |
| Grant-in-aid amount | Covered up to €3,450 |
| Home birth | Covered up to €3,450 |
| Inpatient maternity consultant fees | As per schedule of benefits for professional fees ⁽²⁾ |
| Newborn free till next renewal | Yes |
| Postnatal Domestic Support | 3 x 3 hour cleaning sessions |
| Postnatal Support | 2 x 3 hour sessions with postnatal supporter |
| Home Early Support following 1 night stay in hospital | 2 hours midwife and 3 x 4 hours with postnatal supporter |
| Home Early Support following 2 nights stay in hospital | 1 hour midwife and 3 x 3 hours with postnatal supporter |
| Welcome Home Food Hamper | Hamper and 30 minute phone consultation with a nutritionist |
| GentleBirth App | See handbook for details |
| Breastfeeding consultancy | €25 x 2 sessions |

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| Infertility benefit | 50% cover up to a max of €1,000 for IVF, IUI, ICSI. Twice per lifetime. |
| Partner benefit | €50 x 2 days travel, accommodation & child minding expenses |
| A&E Abroad | |
| Hospital bill for inpatient treatment | Covered up to €100,000 |
| Repatriation expenses | Covered up to €1 million |
| Expenses for companion who remains with you | Covered up to €1,000 |
| Companion repatriation expenses | Covered up to €1,000 |
| 24 hour telephone assistance | Covered |
| Elective Overseas Referral | |
| Benefit abroad for surgical procedures that are available in Ireland | Yes - subject to level of cover available in Ireland |
| Benefit abroad for surgical procedures that are not available in Ireland | Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland |
| International Second Opinion Service | Covered - refer to your Membership Handbook |
| Psychiatric Treatment | |
| Not related to substance abuse | 100 days (up to the level of Hospital Cover provided under your plan) |
| Related to substance abuse | 91 days per 5 years (up to the level of Hospital Cover provided under your plan) |
| Other Benefits | |
| Oncotype DX | Covered |
| Health in the Home | Covered (Immediately following an inpatient stay) |
| Minor Injury Clinic Cover | 75% up to €500 per visit |
| Minor Injury Clinic Cover (HSE) | 75% up to €500 per visit |
| Convalescence benefits | €50 x 14 days |
| Child Home Nursing | €100 x 14 days (following an inpatient stay of minimum 5 days) |
| Parent accompanying child | €40 x 14 days (not payable for the first 3 days) |
| Point of Care: Day case procedure for Rheumatology & Chemotherapy | Covered |
| Cancer Support Benefit (for accommodation expenses when travelling more than 50km) | Up to €100 per day up to a maximum of €1500 per calendar year |
| Medical ambulance costs | Covered (refer to Membership Handbook) |
| Gender reassignment benefit | 50% up to €10,000 per lifetime |
| Genetic Testing: Initial consultation | 50% cover |
| Genetic Testing: Test for specified genetic mutations | Covered in approved clinics with our approved consultant |
| Healthy Minds | Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face |
| Home nursing | €40 x 20 days |

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| Outpatient Benefits (not subject to excess) | |
| Nurse on call | Covered |
| Digital Doctor | Unlimited. See irishlifehealth.ie for further information. |

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| Antenatal Class | €75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop |
| Maternity Mental Health Support | €40 x 10 sessions with Nurture |
| HPV Vaccine | 50% up to €200 per policy year |
| Health screening | Full cover for Platinum Health Screening in an approved hi-tech or private hospital once per policy year |
| Vaccinations: Travel Only | €50 per year |
| MRI Scan: approved centre | Covered |
| CT Scan: approved centre | Covered |
| PET-CT Scan: approved centre | Covered |

| Day-to-day Benefits (subject to excess) | |
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| Individual Day-to-day excess | €1 |
| Maximum limits per policy | €4000 |
| Day-to-day Practitioners | |
| GP Visits | €40 x 8 visits |
| Dentist Visits | €40 x 8 visits |
| Physiotherapy visits | €40 x 8 visits |
| Allied Health Professionals and Alternative Practitioners | |
| Acupuncturist | €40 x 8 combined visits |
| Chiropodist | €40 x 8 combined visits |
| Chiropractor | €40 x 8 combined visits |
| Dietician | €40 x 8 combined visits |
| Homeopath | €40 x 8 combined visits |
| Massage therapist | €40 x 8 combined visits |
| Medical herbalist | €40 x 8 combined visits |
| Occupational therapist | €40 x 8 combined visits |
| Osteopath | €40 x 8 combined visits |
| Physical therapist | €40 x 8 combined visits |
| Podiatrist | €40 x 8 combined visits |
| Reflexologist | €40 x 8 combined visits |
| Other Day-to-day Benefits | |
| Consultant fees | €100 per visit, unlimited |
| Pre/Post natal medical expenses | 50% up to €250 |
| Hearing Test | 50% up to €25 x 1 visit |
| Optical (eye test and/or glasses/lenses combined) | 75% up to €150 per policy year |
| Manual lymph drainage | 50% up to €25 x 8 visits |
| Medical and surgical appliances | As per specified list (subject to €200 excess) ⁽³⁾ |
| Clinical Psychologist | €25 x 10 visits |
| Psycho-oncology counselling | 50% up to €25 x 8 visits |
| A&E Cover (in choice of High Tech, Private and Public Hospitals) | €100 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year |
| Emergency dental care | Up to €250 |

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| Pathology: Cost of test | 50% Cover |
| Pathology: Consultant fees | 50% as per schedule of benefits for professional fees ⁽²⁾ |
| Radiology: Cost of test | 50% Cover |
| Radiology: Consultant fees | 50% as per schedule of benefits for professional fees ⁽²⁾ |
| Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient. | |

| Member Benefits | |
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| Back Up | Health Screening |
| Laser Eye Surgery | Maternity Scans |
| Smiles Dental Access Package | U Mamma Maternity Treatments |
| For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie | |

| Footnotes |
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| (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717. |
| (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717. |
| (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717. |