

# Health Plan 04

## Effective from 1st October 2020

You should read this table of cover along with the Health Plans membership handbook effective from October 2020, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

### In-patient Benefits

#### Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

Benefits	Public Hospital	Private Hospital	High-tech Hospital
Semi Private Room	Covered	Covered	Covered
Private Room	Covered	Covered	Covered (Beacon Only). Mater Private and Blackrock Clinic covered at Semi-Private Rate.
Day Case	Covered	Covered	Covered
Listed Cardiac Procedures <sup>1</sup>	-	-	Semi-Private Rate
Listed Special Procedures <sup>1</sup>	-	-	Semi-Private Rate

#### Maternity

Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,450
Home birth	Covered up to €3,450
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Newborn free till next renewal	Yes
Postnatal Domestic Support	3 x 3 hour cleaning sessions
Postnatal Doula Support	2 x 3 hour sessions with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details
Breastfeeding consultancy	€25 x 2 sessions
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses

#### Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered

#### Elective overseas referral

Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland

### Psychiatric Treatment

Not related to substance abuse	180 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)

### Other Benefits

Home nursing	€40 x 20 days
Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Convalescence benefits	€50 x 14 days
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Gender reassignment benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medical ambulance costs	Covered (refer to Membership Handbook)

## Out-patient Benefits

### Out-patient Benefits not subject to excess

Nurse on call	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Minor Injury Clinic Cover	75% up to €500 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €500 per visit
Antenatal Class	€75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop
Maternity Mental Health Support	€40 x 10 sessions with Nurture
HPV Vaccine	50% up to €200 per policy year
Health screening	Up to €450 towards a Health Screen once per policy year
Vaccinations: Travel Only	€50 per year
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

## Day to Day Benefits

### Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
Maximum limits per policy	€8000

## Day to Day Practitioners

GP Visits	Up to €70 x 12 visits
Dentist Visits	Up to €65 x 10 visits
Physiotherapist or Physical therapist	Up to €65 x 13 visits

## Allied Health Professionals and Alternative Practitioners

Acupuncturist	Up to €65 x 10 combined visits
Chiroprapist	Up to €65 x 10 combined visits
Chiropractor	Up to €65 x 10 combined visits
Dietician	Up to €65 x 10 combined visits
Homeopath	Up to €65 x 10 combined visits
Massage therapist	Up to €65 x 10 combined visits
Medical herbalist	Up to €65 x 10 combined visits
Occupational therapist	Up to €65 x 10 combined visits
Osteopath	Up to €65 x 10 combined visits
Podiatrist	Up to €65 x 10 combined visits
Reflexologist	Up to €65 x 10 combined visits

## Other Day-to-day Benefits

Consultant fees	Up to €140 per visit
Pre/Post natal medical expenses	Up to €500
Hearing Test	Up to €50 x 1
Optical (eye test and/or glasses/lenses combined)	Up to €50 x 1
Prescriptions	Up to €50 per annum
Child speech and language therapist	Up to €55 x 8 visits
Child counselling	Up to €55 x 8 visits
Manual lymph drainage	Up to €50 x 8 visits
Medical and surgical appliances	As per specified list (subject to €200 excess) <sup>3</sup>
A&E Cover (in choice of High Tech, Private and Public Hospitals)	€100 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year
Psycho-oncology counselling	Up to €50 x 8 visits
Emergency dental care	Up to €250
Pathology: Cost of test	Covered
Pathology: Consultant fees	Covered as per schedule of professional fees <sup>2</sup>
Radiology: Consultant fees	Covered as per schedule of benefits for professional fees <sup>2</sup>
Radiology: Cost of test	Covered

Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient.

## Members Benefits

Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

<sup>1</sup> All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>2</sup> The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>3</sup> The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.