

day-to-day most

Table of Cover effective from June 12th 2018

This table of cover must be read in conjunction with your member certificate and Tailored Health Plans membership handbook effective from June 2018.

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€1
Day-to-day Practitioners	
GP Visits	€25 x 5 visits
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Nurse on call	Covered
Dentist Visits	€25 x 5 visits
Physiotherapy visits	€25 x 5 visits
Allied Health Professionals and Alternative Practitioners	
Podiatrist	€25 x 5 combined visits
Reflexologist	€25 x 5 combined visits
Nutritionist	€25 x 5 combined visits
Dietician	€25 x 5 combined visits
Massage therapist	€25 x 5 combined visits
Acupuncturist	€25 x 5 combined visits
Osteopath	€25 x 5 combined visits
Physical therapist	€25 x 5 combined visits
Chiropractor	€25 x 5 combined visits
Reiki practitioner	€25 x 5 combined visits
Chiroprapist	€25 x 5 combined visits
Speech therapist	€25 x 5 combined visits
Occupational therapist	€25 x 5 combined visits
Orthoptist	€25 x 5 combined visits
Homeopath	€25 x 5 combined visits
Other Day-to-day Benefits	
Optical (eye test and/or glasses/lenses combined)	€25 x 5 visits
Consultant fees (non-maternity)	€60 x 3 visits
Public A&E Cover	€40 x 3 visits
Health Screening & allergy testing	Up to €80 per policy year