

# Be Fit 2

## Table of Cover effective from January 1st 2019

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from January 2019. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

In Patient Benefits	
Hospital Cover	
Consultant fees	Covered
Inpatient Scans	Covered
Public Hospital	
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
Private Hospital	
Semi Private Room	Covered subject to €125 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Private Room	Covered subject to €125 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Day Case	Covered subject to €125 excess per claim
High Tech Hospital	
Semi Private Room	Covered (Beacon only) subject to €125 excess per claim. Mater Private and Blackrock Clinic 50% cover subject to €125 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures. <sup>(1)</sup>
Private Room	Covered (Beacon only) subject to €125 excess per claim. Mater Private and Blackrock Clinic 50% cover subject to €125 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures. <sup>(1)</sup>
Day Case	Covered subject to €125 excess per claim
Listed Cardiac Procedures <sup>(1)</sup>	Covered subject to €125 excess per claim
Listed Special Procedures <sup>(1)</sup>	Covered subject to €125 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Maternity Benefits	
Public hospital cover for maternity	3 nights accommodation
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
Newborn free till next renewal	Yes
Postnatal Domestic Support	2 x 3 hour cleaning sessions
Postnatal Support	1 x 3 hour session with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 3 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 2 x 3 hours with postnatal supporter
Infertility benefit	50% cover up to a max of €750 for IVF, IUI, ICSI. Twice per lifetime.

Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses
<b>A&amp;E Abroad</b>	
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered
<b>Elective Overseas Referral</b>	
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
International Second Opinion Service	Covered - refer to your Membership Handbook
<b>Psychiatric Treatment</b>	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
<b>Other Benefits</b>	
Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Minor Injury Clinic Cover	First visit fully covered, 50% cover up to €200 for subsequent visits
Minor Injury Clinic Cover (HSE)	First visit fully covered, 50% cover up to €200 for subsequent visits
Convalescence benefits	€50 x 15 days
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Point of Care: Day case procedure for Rheumatology & Chemotherapy	Covered
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Gender reassignment benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medical ambulance costs	Covered (refer to Membership Handbook)
<b>Outpatient Benefits (not subject to excess)</b>	
Nurse on call	Covered

Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Antenatal Class	€50 towards an antenatal class, or, €50 contribution & 10% point of sale discount with GentleBirth Workshop
Maternity Mental Health Support	€40 x 8 sessions with Nurture
HPV Vaccine	50% up to €200 per policy year
Vaccinations: Travel Only	€50 per year
Vasectomy (GP only)	Covered up to €360
Health screen at any centre	Covered up to €100 per annum
AMH fertility test	€50 contribution
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
Pre/post natal yoga & pilates	€20 x 2 visits
PET-CT Scan: approved centre	Covered

### Outpatient Benefits (subject to excess)

Outpatient excess per person	€1
Maximum amount of outpatient benefits per member per policy year	€4000
Consultant fees	First visit fully covered 50% cover for subsequent visits
GP Visits	First visit fully covered 50% cover for subsequent visits
Public A&E Cover	First visit fully covered 50% cover for subsequent visits
Prescription Costs	Up to €25 per annum
Dentist Visits	Up to €30 x 7 visits
Physiotherapy visits	Up to €30 x 7 visits
Occupational therapist	€30 x 7 combined
Acupuncturist	€30 x 7 combined
Physical Therapist	€30 x 7 combined
Massage Therapist	€30 x 7 combined
Homeopath	€30 x 7 combined
Dietician	€30 x 7 combined
Chiropractor	€30 x 7 combined
Chiropodist	€30 x 7 combined
Reflexologist	€30 x 7 combined
Podiatrist	€30 x 7 combined
Medical Herbalist	€30 x 7 combined
Osteopath	€30 x 7 combined
Voice Coaching	€30 x 7 combined
Child speech and language therapist	50% up €30 x 8
Child counselling	50% up €30 x 8
Clinical Psychologist	€25 x 10 visits
Psycho-oncology Counselling	50% up to €25 x 8 visits
Manual Lymph Drainage	50% up to €25 x 5 visits

Home Nursing	€40 x 20 days
Pre/Post natal medical expenses	€250
Emergency Dental Care	€250
Medical and surgical appliances	As per specified list (subject to €200 excess) <sup>(3)</sup>
Hearing Test	Up to €25 x 1
Optical (eye test and/or glasses/lenses combined)	50% up to €150 per policy year
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% as per schedule of benefits for professional fees <sup>(2)</sup>
Radiology: Consultant fees	50% as per schedule of benefits for professional fees <sup>(2)</sup>
Radiology: Cost of test	50% Cover

## Member Benefits

Back Up	Health Screening
International Second Opinion Service	Laser Eye Surgery
Maternity Scans	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

### Footnotes

- (1) All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.