

# 4D Health 1

## Table of Cover effective from 1<sup>st</sup> April 2024

You should read this table of cover along with the Tailored Health Plans membership handbook effective from April 2024, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List A in Part 12 of your Tailored Health Plans membership handbook.

IN PATIENT BENEFITS	
<b>Hospital cover</b>	
Consultants fees	Covered
Inpatient scans	Covered
<b>Public Hospital</b>	
Semi-private room	Covered
Private room	Covered
Day case	Covered
<b>Private Hospital</b>	
Semi-private room	Covered subject to €200 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
Private room	Semi-Private Rate subject to €200 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
Day case	Covered subject to €75 excess per claim
<b>High-tech Hospital</b>	
Semi-private room	Covered (Beacon Only) subject to €200 excess per claim. Mater Private and Blackrock Clinic 45% cover subject to €500 excess per claim
Private room	Semi-Private Rate (Beacon only) subject to €200 excess per claim. Mater Private and Blackrock Clinic 35% cover subject to €500 excess per claim
Day case	Covered subject to €75 excess per claim
Listed cardiac procedures <sub>1</sub>	Covered subject to €200 excess per claim
Listed special procedures <sub>1</sub>	Covered subject to €200 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
<b>Maternity</b>	
Public hospital cover for maternity	3 nights accommodation
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Home birth	Covered up to €4,000
<b>Emergency Inpatient Treatment Abroad and related benefits</b>	
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered
<b>Elective overseas referral</b>	
Benefit abroad for surgical procedures that are not available in Ireland	Yes – up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
<b>Psychiatric treatment</b>	

<b>Not related to substance abuse</b>	100 days (up to the level of Hospital Cover provided under your plan)
<b>Related to substance abuse</b>	91 days per 5 years (up to the level of Hospital Cover provided under your plan)

<b>Other inpatient benefits</b>	
<b>Oncotype DX</b>	Covered
<b>Health in the Home</b>	Covered with our provider partner
<b>Care Connect</b>	Covered (refer to Membership Handbook)
<b>EXOGEN therapy</b>	Covered with our provider partner
<b>Post Operative Home Help</b>	2 x 3 hour cleaning sessions
<b>Child home nursing</b>	€100 x 14 days (following inpatient stay of minimum 5 days)
<b>Parent accompanying child</b>	€40 x 14 days (not payable for the first 3 days)
<b>Cancer Support Benefit (for accommodation expenses when travelling more than 50km)</b>	Up to €100 per day for up to a maximum of €1500 per calendar year
<b>Gender Affirmation benefit</b>	50% up to €10,000 per lifetime
<b>Genetic Testing: Initial consultation</b>	50% cover
<b>Genetic Testing: Test for specified genetic mutations</b>	Covered in approved clinics with our approved consultant
<b>Healthy Minds</b>	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
<b>Medical ambulance costs</b>	Covered (refer to Membership Handbook)
<b>Genetic Testing for Cancer Treatment Options - Foundation One CDx</b>	Covered

<b>OUT PATIENT BENEFITS – not subject to excess</b>	
Nurse-on-call	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Minor Injury Clinic Cover	70% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
HPV Vaccine	50% up to €200 per policy year
Convalescence benefits	€50 x 15 days
Menopause Benefit	€80 for initial consultation
Out-patient maternity consultant fees	€300
Nutrition Recovery Benefit	€50 contribution
Health screening & allergy testing	Up to €100 per policy year
Child Development Benefit	50% up to €100 for a developmental / neurodevelopmental assessment
Mammogram	First visit fully covered
Dexa Scan	First visit fully covered
Out-patient scan cover (in approved centres)	
PET-CT	Covered
MRI	Covered
CT	Covered

<b>OUT PATIENT BENEFITS – subject to excess</b>	
Individual excess	€125
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees	€60 per visit
GP Visits	€20 per visit
Physiotherapist or Physical therapist	€30 x 9 visits
Public A & E cover	50% up to €50 per visit
Acupuncturist	€30 x 7 combined <sub>4</sub>
Chiropodist Visits	€30 x 7 combined <sub>4</sub>
Chiropractor	€30 x 7 combined <sub>4</sub>
Dietician Visits	€30 x 7 combined <sub>4</sub>
Homeopath	€30 x 7 combined <sub>4</sub>
Massage therapist	€30 x 7 combined <sub>4</sub>
Nutritionist Visits	€30 x 7 combined <sub>4</sub>
Occupational therapist Visits	€30 x 7 combined <sub>4</sub>
Orthoptist Visits	€30 x 7 combined <sub>4</sub>
Osteopath	€30 x 7 combined <sub>4</sub>
Podiatrist Visits	€30 x 7 combined <sub>4</sub>

Reflexologist	€30 x 7 combined <sup>4</sup>
Reiki practitioner	€30 x 7 combined <sup>4</sup>
Speech Therapist	€30 x 7 combined <sup>4</sup>
Hearing test	Up to €25 x 1
Psycho-oncology counselling	50% up to €25 x 8 visits
Manual lymph drainage	50% up to €25 x 5 visits
Home Recovery Benefit	€80 x 10 days
Emergency dental care	Up to €250
Medical and surgical appliances	As per specified list (subject to €100 excess) <sup>3</sup>
Pathology-cost of test	50% Covered
Pathology consultant fees	50% As per schedule of benefits for professional fees <sup>2</sup>
Radiology - cost of test	50% Covered
Radiology consultant fees	50% As per schedule of benefits for professional fees <sup>2</sup>

### Personalised Packages

Choice of 1 Personalised Package from range of 8

### MEMBER BENEFITS

International Second Opinion Service

Back Up

Laser Eye Surgery

Health Screening

**For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of [www.irishlifehealth.ie](http://www.irishlifehealth.ie)**

### Footnotes

- (1) All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.
- (2) The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.
- (3) The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 01 562 5100.
- (4) The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.