



## Understanding the health care system in Ireland

### The Health Insurance System

### Ireland has a public and private health care system



NOTE: Both systems aren't completely separate. If you have private health insurance you could be treated by the public health care system, e.g. in an emergency.

## What's the difference between public and private health care?

## Treatment for public health care patients who don't have private health insurance

- > Even within the public health care system, you will still have to pay for your hospital stay if you don't have a Medical Card.
- > Medical Cards are only given to certain individuals whose income is below a certain level or who have a long-term illness.
- > If you have a medical card, you will not be charged for any visits to a hospital or to your local community doctor. In Ireland, a local doctor is referred to as a 'General Practitioner' (or a GP for short).
- > If you do not have a medical card you will need to pay for visits to your GP. The charge for a GP visit is usually between forty and sixty euros (€40 €60). A visit to the emergency department in a public hospital is €100. However, if you are referred to the emergency department by a GP or admitted overnight, you will not be required to pay this €100.
- > If you do not have a medical card and are admitted to stay overnight you will need to pay €80 per day (for a maximum of 10 days).

## Public health care is available to all residents of Ireland. However, it may have some disadvantages:

- > If you aren't covered by health insurance, you may have to wait a longer time for medical treatment.
- > You have less choice of consultants.
- > Although your treatment will be overseen by a consultant, the administration of care may be delivered by their team rather than the consultant themselves.
- > You only have access to public hospitals. Public patients don't have access to private and high-tech hospitals, unless they pay themselves.
- > You have to pay for primary treatment without the ability to potentially reclaim against your insurance plan. This includes professionals such as GPs, dentists and opticians.

### Treatment for private health care patients

If you are a private health care patient covered by health insurance, you can look forward to:

- Faster access to diagnostic investigations and subsequent treatments through your choice of consultant.
- > Access to public and private hospitals depending on the level of your plan (including high-tech hospitals see following page).
- > The cost of your treatment being paid either in full or part by your insurer.
- > You have more choice of consultants.
- > Refunds on medical costs such as GP charges depending on the level of your plan.

## Types of Hospitals in Ireland

### There are two types of hospitals in Ireland

Depending on your health insurance cover, you have access to both

PUBLIC (HSE funded)	PRIVATE (Privately owned and funded)		
Public	Private	High-Tech	
You can stay in either a public ward, a semi- private room or a private room depending on the capacity of the hospital.	You can stay in either a semi-private room or a private room depending on your cover.	'High-tech' hospitals include the Blackrock Clinic, Mater Private Dublin and Beacon Hospitals. They offer access to advanced equipment & treatments.	

## Accessing hospitals if you're ill

### The first step if you are ill

Unless it's an emergency, GPs are the gateway to the Irish hospital system. If you need any hospital service, your GP will usually refer you to the place or person you require.

- > For example, if an X-ray, blood test, scan or other procedure is required, your GP will tell you where you should go. He or she will also provide you with a letter of referral.
- > Similarly, your GP will refer you to a consultant if you need special expertise.

However, for other treatments such as physiotherapy, you can go directly to someone who provides the service you require.

### Public or private hospital treatment - the choice is yours

If you need to see a consultant, you can go as either a public or private patient. You should always check your Irish Life Health policy to confirm what you are covered for.

Step 1	Visit your GP			
	Public Consultant		Private Co	onsultant
Step 2	You are referred by your GP to a public consultant for an out-patient assessment	or	You are referred by your GP to a private consultant for an out-patient assessment	
	<b>Diagnostic Tests</b> (If required, otherwise go to step 4)		<b>Diagnos</b> (If required, other	<b>tic Tests</b> wise go to step 4)
Step 3	You can be seen in a public hospital as a public in- patient or Day Case on an out-patient basis	or	You can be seen in a public Hospital as a private in-patient or Day Case	You can be seen in a private hospital as a private in-patient or Day Case on an out- patient basis
Treatment		Treat	Treatment	
Step 4	You can be treated in a public hospital as a public in-patient or Day Case or out-patient basis, such as in the community or follow up treatments with your consultant/GP	or	You can be treated in a public hospital as a private in-patient or Day Case or out- patient basis, such as in the community or follow up treatments with your consultant/ GP	You can be treated in a private hospital as a private in-patient or Day Case or out- patient basis, such as in the community or follow up treatments with your consultant/ GP

The diagram below outlines your route to care.

# Accessing hospital care in an accident or emergency

If you have an accident or sudden ill health, you can either go to a hospital's Emergency Department (sometimes referred to as ED or A&E) or be taken there by ambulance. You may also go to a privately owned Minor Injury Clinic.

If you attend a 24-hour Public Emergency Department, you'll be treated depending on the urgency of your condition. Your level of health insurance cover won't be taken into account at this point.

Some private hospitals now have Emergency Departments. However, these aren't always available 24 hours a day. You should also check your policy to see exactly what it covers you for. It's possible that you may not be covered until you're actually admitted to hospital.



If you need emergency treatment because of sudden illness or accident

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Public A&E Department	Private A&E Department
You go to a Public A&E Department or are taken there by ambulance You will be assessed for treatment based on your medical condition. There is a charge of €100. However, this doesn't apply if you are referred by a GP, hold a medical card or are covered by other criteria.*	You go to a Private A&E Department Some private hospitals provide private A&E facilities. However, you should remember that you will be charged (amounts vary) and if you are insured, your policy may not cover you for the full amount
Treatment	Treatment
If you need to stay in hospital, you will be treated as a <b>public patient</b> (unless you choose private care)	If you need to stay in hospital, you will be treated as a <b>private patient</b>

\*The charge of €100 does not apply to the following groups: medical card holders; people who are admitted to hospital as an in-patient as a result of attending the casualty department (you will then be subject to in-patient charges); people receiving treatment for prescribed infectious diseases; children up to 6 weeks of age; children, in respect of the following diseases and disabilities: "mental handicap, mental illness, phenylketonuria, cystic fibrosis, spina bifida, hydrocephalus, haemophilia and cerebral palsy"; children referred for treatment from child health clinics and school health examinations; people who are entitled to hospital services because of EU regulations; women receiving maternity services and people with Hepatitis C.

## What are the charges in the health care system?

As highlighted earlier, the amount you are charged for medical care in Ireland depends on many factors. These include but are not limited to whether you hold a medical card, whether you choose public or private treatment and whether you have been referred for your treatment through A&E.

#### **Out-patient Charges**

- > If you are referred by your GP for diagnostic assessments such as X-rays or laboratory tests, there is no charge if you attend as a public patient.
- > If you attend for these tests in a private hospital, there is a cost. This will vary depending on the type of test, service or procedure.

### **Emergency Department Charges**

- > If you visit an Emergency Department of a public hospital without being referred by your GP, you may be charged a standard fee (€100). There is no charge if you are referred by your GP.
- > Charges may be higher at the Emergency Department of a private hospital.

#### **Out-patient Charges**

If you attend a consultant as a private patient, you will be charged a fee. Naturally, these charges will vary according to the consultant you see and treatment you receive. Generally consultant visits start at approximately €100 per visit.

What you are covered for varies depending on your health insurance plan. So before you have any hospital treatment, you should check your policy to confirm that you're covered.



### Key terms explained

### Day Case

A patient who is admitted to a hospital but who does not stay overnight. This includes patients who are admitted for side room procedures in a consultant's office. Procedures that would be considered day cases or side room procedures include:

Colonoscopy	Endoscopy
Cataracts	Removal of lesions
Knee Arthroscopy	Angiograms

#### **Primary Care**

Primary Care describes the first line of services within the Irish health care system.

These include:

GPs	Public Health Nurses
Dentists	Physiotherapists

### **Out-patient**

A patient who receives a procedure, treatment or medical service without being an inpatient or day case. As an outpatient, you usually don't need the full range of hospital services and facilities such as operating theatres.

Common out-patient treatments include:

Consultant visits	Blood tests (pathology)
MRI/CT scans	X-rays (radiology)

### Medical Card

If you attend a consultant as a private patient, you will be charged a fee. Naturally, these charges will vary according to the consultant you see and treatment you receive. Generally consultant visits start at approximately €100 per visit.

What you are covered for varies depending on your health insurance plan. So before you have any hospital treatment, you should check your policy to confirm that you're covered.





Irish Life Health dac is regulated by the Central Bank of Ireland.

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