

day to day Me

Table of Cover effective from January 1st 2017

This table of cover must be read in conjunction with your member certificate and health plans membership handbook.

DAY TO DAY BENEFITS	
Day to day practitioners:	
GP visits	€30 x 3 visits
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Dentist visits	€30 x 3 visits
Physiotherapy visits	€30 x 3 visits
Alternative practitioners	
Acupuncturist	€30 x 3 combined visits
Chiropodists	€30 x 3 combined visits
Chiropractor	€30 x 3 combined visits
Dietician	€30 x 3 combined visits
Homeopath	€30 x 3 combined visits
Massage therapist	€30 x 3 combined visits
Medical herbalist	€30 x 3 combined visits
Occupational therapist	€30 x 3 combined visits
Osteopath	€30 x 3 combined visits
Physical therapist	€30 x 3 combined visits
Reflexologist	€30 x 3 combined visits
Pooling of benefits	
Pooling of benefits	Applies to all benefits