What you're covered for

Irish Life health

Teachers Complete

Effective from 1st April 2024

You should read this table of cover along with the Health Plans membership handbook effective from April 2024, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.



In-patient Benefits



H Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

| Benefits | Public Hospital | Private Hospital | High-tech Hospital |
|--|-----------------|---|---|
| Semi Private Room | Covered | Covered subject to €150 excess (first two claims per member) subject to €2,000 copayment on certain orthopaedic procedures1 | Covered (Beacon only) subject to €150 excess (first two claims per member). Mater Private and Blackrock Clinic 50% cover subject to €150 excess per claim. All subject to €2,000 copayment on certain cardiac and orthopaedic procedures¹ |
| Private Room | Covered | Covered subject to €150 excess (first two claims per member) subject to €2,000 copayment on certain orthopaedic procedures1 | Covered (Beacon only) subject to €150 excess (first two claims per member). Mater Private and Blackrock Clinic 50% cover subject to €150 excess per claim. All subject to €2,000 copayment on certain cardiac and orthopaedic procedures¹ |
| Day Case | Covered | Covered subject to €150 excess per claim | Covered subject to €150 excess per claim subject to €2,000 co- payment on certain cardiac procedures ¹ |
| Listed Cardiac Procedures ¹ | - | - | Covered subject to €150 excess per claim |
| Listed Special Procedures ¹ | - | - | Covered subject to €150 excess per claim subject to €2,000 co- payment on certain orthopaedic procedures ¹ |

| ₩ Maternity | | |
|---|--|--|
| Public hospital cover for maternity | 3 nights accommodation | |
| Grant-in-aid amount | Covered up to €4,500 | |
| Home birth | Covered up to €4,500 | |
| Inpatient maternity consultant fees | As per schedule of benefits for professional fees ² | |
| Postnatal Domestic Support | 2 x 3 hour cleaning sessions | |
| Postnatal Doula Support | 1 x 3 hour session with postnatal supporter | |
| Home Early Support following 1 night stay in hospital | 2 hours midwife and 3 x 3 hours with postnatal supporter | |

| Covered up to €100,000 |
|--------------------------|
| |
| Covered up to €1 million |
| Covered up to €1,000 |
| Covered up to €1,000 |
| Covered |
| (|

| Home Early Support following 2 nights stay in hospital | 1 hour midwife and 2 x 3 hours with postnatal supporter |
|--|---|
| Welcome Home Food Hamper | Hamper and 30 minute phone consultation with a nutritionist |
| GentleBirth App | See handbook for details |

| (3) | Psychiatric ' | Treatment |
|-----|---------------|-----------|
| | | |

| Not related to substance abuse | 100 days (up to the level of Hospital Cover provided under your plan) |
|--------------------------------|--|
| Related to substance abuse | 91 days per 5 years (up to the level of Hospital Cover provided under your plan) |

(+) Other Benefits

| Oncotype DX | Covered |
|---|--|
| Health in the Home | Covered with our provider partner |
| Care Connect | Covered (refer to membership handbook) |
| EXOGEN therapy | Covered with our provider partner |
| Child Home Nursing | €100 x 14 days (following an inpatient stay of minimum 5 days) |
| Parent accompanying child | €40 x 14 days (not payable for the first 3 days) |
| Public Hospital Levy | Levy no longer charged |
| Inpatient Support Benefit (for travel expenses when travelling more than 50km) $$ | €50 x 10 visits (subject to €1 excess) |
| Gender Affirmation Benefit | 50% up to €10,000 per lifetime |
| Genetic Testing: Initial consultation | 50% cover |
| Genetic Testing: Test for specified genetic mutations | Covered in approved clinics with our approved consultant |
| Healthy Minds | Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face |
| Medicall ambulance costs | Covered (refer to Membership Handbook) |
| Genetic Testing for Cancer Treatment Options - Foundation One CDx | Covered |



Out-patient Benefits not subject to excess

| Nurse on call | Covered |
|---|--|
| Digital Doctor | Unlimited. See irishlifehealth.ie for further information. |
| Female Health Consultation | 50% cover x 4 consultations per year with our provider partner |
| Minor Injury Clinic Cover | 70% up to €200 per visit |
| Minor Injury Clinic Cover (Pay & Claim) | 70% up to €200 per visit |

| Antenatal Class | €50 towards an antenatal class |
|---------------------------------|---|
| MRI Scan: approved centre | Covered |
| Convalescence benefits | €30 x 16 days |
| Partner Benefit | €50 x 2 days travel, accommodation & child minding expenses |
| CT Scan: approved centre | Covered |
| PET-CT Scan: approved centre | Covered |
| Breastfeeding Consultancy | €30 x 2 sessions |
| Maternity Mental Health Support | €40 x 8 sessions with Nurture |
| HPV Vaccine | 50% up to €200 per policy year |
| Vaccinations: Travel or Flu | €100 per year |
| Health screening | Covered up to €100 towards Specified Fertility Assessments or Sexual Health Screening once per policy year |
| Prescription Costs | €30 towards prescribed contraceptives per year |
| Voice Coaching | €30 x 5 visits or €150 per year for a day course or seminar delivered by a trained voice coach |
| Orthotic Insoles | €40 every 2 years |

Out-patient Benefits subject to excess

| Outpatient excess per person | €125 |
|--|--|
| Maximum amount of outpatient benefits per member per policy year | €5000 |
| Manual Lymph Drainage | €50 x 5 visits |
| Psycho-oncology Counselling | €40 x 5 visits |
| Emergency Dental Care | €500 |
| Consultant fees | €60 per visit |
| Pre/Post natal medical expenses | €400 |
| Public A&E Cover | €60 x 3 visits |
| Home Recovery Benefit | €80 x 10 days |
| Medical and surgical appliances | As per specified list ³ |
| Pathology: Cost of test | 50% Cover |
| Pathology: Consultant fees | 50% as per schedule of benefits for professional fees ² |
| Radiology: Cost of test | 50% Cover |
| Radiology: Consultant fees | 50% as per schedule of benefits for professional fees ² |
| MRI Scan: non approved centre | Not covered on this plan |
| CT Scan: non approved centre | Not covered on this plan |
| PET-CT Scan: non approved centre | Not covered on this plan |
| | |

Members Benefits

| Allen Carr Smoking Cessation | Back Up |
|---|-------------------|
| Health Screening | Laser Eye Surgery |
| For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie | |

¹ All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

² The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

³ The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.